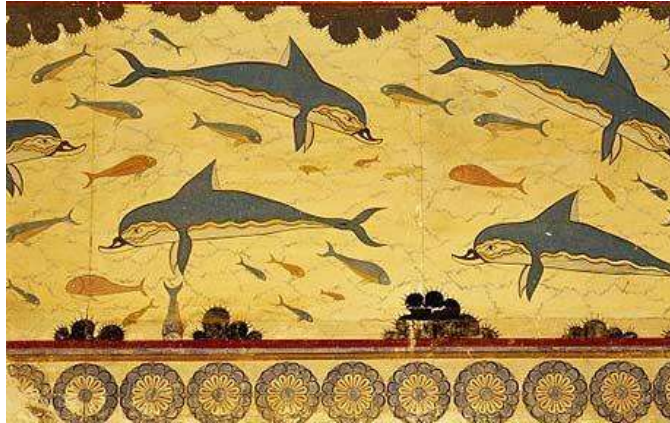


## CRETE



Crete may be thought of in many ways as the spiritual heart of prehistoric Greece. It was on this fertile, abundant island that the Minoan civilisation flourished for some 2000 years from about 3500-1100 BCE. During this time the great Goddess-celebrating culture produced some of the finest artwork and figurines seen anywhere in the world, and enjoyed a peaceful, spiritual existence. The Minoan influence even extended to the nearby island of Santorini, where a Minoan city has been excavated at Akrotiri. On Crete itself, there is a wealth of sites, from the simple early villages and towns like Gournia, to the elaborate temple palaces of Knossos, Phaistos, Malia and Zakros. A time spent on Crete is to experience the depth and beauty of that civilisation, the power of which can still be felt in the very fabric of the island.



On this week's extension to your Sacred Greece tour, you will experience many of Crete's sacred sites in the company of Anna Filliol and tour guides Cheryl Straffon & Lana Jarvis. They have years of experience in organising similar tours, and are very connected to the spiritual vibrations and earth energies of sacred places (Lana is also an expert dowser). You will stay at Asterias Village hotel in Piskopiano, near Hersonissos, a well organized family owned business, established in 2003, offering a wide variety of services and facilities at a premium standard.

From here there will be daily visits to sites in the central and eastern part of Crete, where the ancient Minoan civilisation was at its finest.

**“INTO THE LIGHT”**  
**Crete Extension or Stand Alone Tour**  
**21<sup>st</sup> - 29<sup>th</sup> September 2011**  
**Itinerary**



Wednesday Sept 21<sup>st</sup>: Depart Santorini and arrive at Heraklion, Crete. Transfer to Hotel.



Thursday Sept 22<sup>nd</sup>: Visit Knossos. This is the finest temple site in all Crete, where the Snake Priestess figurines were found. Cheryl & Lana will guide you around the labyrinthian site.

## [BACK TO HEART TEMPLES](#)



Friday Sept 23rd : Visit Gournia in SW Crete. After the very public site of Knossos, we journey back in time to the Minoan town of Gournia, where we can experience where the earlier peoples lived and connect with the peace and tranquillity here.



Saturday Sept 24<sup>th</sup> Heraklion Museum. This is a breathtaking visit to see some of the many fine pieces of pottery with beautiful sacred designs, the figurines, and fine gold and silver jewellery created by these people. There will also be time to visit nearby shops and cafes.



Sunday Sept 25<sup>th</sup>: We travel to Malia for lunch and a swim if wished. Then on to Malia temple palace site. Fewer tourists than Knossos visit this site, and it is possible to individually wander around the remains of the rooms and workshops of this lovely place, where the exquisite golden Bee pendant was made for a Priestess of the site.

## BACK TO HEART TEMPLES



Monday Sept 26<sup>th</sup> : We travel high up into the mountains to the Lassithi Plateau, where we will visit the Dictean Cave. This cave was sacred in the Minoan period, and offerings were made here to the Goddess in a pool at the bottom of the cave. In mythology this was the birthplace of Zeus, where his mother Rhea hid him from his devouring father Kronos. The cave is open to the public, with good steps down to the pool at the bottom.



Tuesday Sept 27<sup>th</sup> : Our final day and a journey south to the temple palace site of Phaistos. Nestling on a plain facing the sacred mountain of Mt. Ida, Phaistos is a place to savour and to feel its past and present energies. Afterwards, we can visit the small village with its many ethnic shops and beautiful beach.



Wednesday Sept 28<sup>th</sup>: Transfer to port for ferry to Piraeus (Athens) or to airport for flight to Athens. Overnight Athens at Herodion Hotel (B)

Thursday Sept 29<sup>th</sup> : Transfers hotel to Airport or Ferry

## **WHAT'S INCLUDED IN THE TOUR**

- Accommodation in Crete hotel with all facilities
- Athens hotel accommodation (or maybe overnight on ferry) on 28th September replaces the final night of our Greece Tour Athens hotel accommodation on the 21st September (extra cost for Stand Alone Tour participants TBA)
- Transfer from and to ferries
- Athens transfers from hotel or port to Airport or Ferry on 29th September replaces the Athens transfers from hotel to Airport or Ferry on the last day of our Greece Tour on the 21st September (extra cost for Stand Alone Tour participants TBA)
- Transport to all sites
- Entrance fees to all sites
- Tour guiding throughout the week

## **WHAT'S NOT INCLUDED IN THE TOUR**

- Ferries to and from Crete (Heart Temples to organise ferry – price TBA)
- Your own meals (Breakfast included at hotel in Athens)
- Travel insurance
- International flights in and out of Greece
- Airport transfers outside the tour arrival and departure dates
- Cost of local buses/taxis not stated in tour
- All drinks including bottled water
- Tips & Gratuities: Group tips to porters, hotel bellman, bus drivers and other guides. \*\*Each participant is required, at the start of the trip to put 10 Euro cash into a “Tipping Kitty” which will be used by Anna Filliol to tip porters, guides, drivers etc during the group tour dates. Arrival and departure Airport transfer tips will not be included in this kitty nor will tips for personal services e.g. room service, private taxis, room maids etc.
- Visa and passport charges
- Items of a personal nature (e.g. laundry, drinks, telephone calls)
- Emergency evacuation
- Personal Travel Insurance (compulsory)
- Any other things not described or specified in the itinerary

## **TOUR COST**

For shared accommodation (twin rooms)

NZD \$2000

Extra charge applicable for single accommodation:

NZD \$385

50% of Crete Tour price to be paid upon booking balance payable by 14<sup>th</sup> June 2011.

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## “Into the Light”

### Crete Extension Tour - 21st -29th September 2011

REGISTRATION FORM Please print out this form, using very clear writing, then fax or mail it.

#### Primary Contact

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Email Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Post Code \_\_\_\_\_ Country \_\_\_\_\_

Home Phone \_\_\_\_\_ Bus Phone \_\_\_\_\_

Fax \_\_\_\_\_ Passport Number \_\_\_\_\_

Name as it appears on your passport \_\_\_\_\_

Passport Country \_\_\_\_\_ Nationality \_\_\_\_\_

Medical Conditions/Allergies \_\_\_\_\_

Emergency Contact \_\_\_\_\_

#### Second Traveller

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Email Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Post Code \_\_\_\_\_ Country \_\_\_\_\_

Home Phone \_\_\_\_\_ Bus Phone \_\_\_\_\_

Fax \_\_\_\_\_ Passport Number \_\_\_\_\_

Name as it appears on your passport \_\_\_\_\_

Passport Country \_\_\_\_\_ Nationality \_\_\_\_\_

Medical Conditions/Allergies \_\_\_\_\_

Emergency Contact \_\_\_\_\_

#### TOUR COSTS per person based on Twin Share \*\*

**NZD \$2000**

**Single room (if available) supplement:**

NZD \$385

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**\*\* PLUS 10 Euro cash for "Tipping Kitty" to be paid in Crete to Anna Filliol on Day 1 of the tour (see details in Tips & Gratitude under "WHAT'S NOT INCLUDED IN THE TOUR" \*\*PLUS 10 Euro cash for "Tipping Kitty" to be paid in Athens to Anna Filliol on Day 1 of the tour- see details at Tips & Gratitude under **"WHAT'S NOT INCLUDED IN THE TOUR"**)**

Please tick the appropriate boxes:

I/we require: Twin Share ( ) Single Room [single room supplement applies] ( )

( ) I am travelling solo and wish you to find me a roommate if possible\*

\*If it is not possible to find you a roommate you must pay the Single Room Supplement.

If at any time you are not happy with your room share situation and you choose to reserve another room on your own or with someone else, it will be your responsibility to pay for the new accommodation arrangement.

( ) I am a non smoker

\*\* Please note that conditions apply. Tour Cost is based on minimum 5 people. All dates, prices, guides and itineraries are subject to change without notice.

**AIRLINE DETAILS – We need this information for your departure transfers.**

Please fill in if hotel/airport transfer is required on Thursday 29th September 2011.

**Depart Athens, Greece**

Airline \_\_\_\_\_ Flight # \_\_\_\_\_ Departure Time \_\_\_\_\_

**TOUR PRICE INCLUDES:** everything as stated on the itinerary "What's Included", Twin share accommodation, entrance fees to all sites named in itinerary, all ground transportation upon your arrival in Crete as stated in the itinerary.

**REGISTRATION INSTRUCTIONS:**

(1) Before sending your deposit, please contact Anna Filliol [info@HeartTemples.com](mailto:info@HeartTemples.com) or phone: +64 4 479 6806 to check if there is availability on the tour.

(2) Once availability is confirmed, a cheque or bank/wire deposit of 50% of total tour cost i.e. (NZD1000) is required within 7 working days to confirm your place. **All deposits are due on or before 28<sup>th</sup> April 2011.** Please contact Anna Filliol for cheque or bank/wire information. Credit Card payment can be made via Pay Pal at [www.HeartTemples.com](http://www.HeartTemples.com) (go to PAYMENT link on the sidebar....an additional 5% Credit Card fee will apply making payment).

(3) Mail or Fax your completed registration form. You will not be able to travel on the tour if your registration has not been received by Anna Filliol before departure dates.

(4) **Balance payment is due on or before 14<sup>th</sup> June 2011.**

(5) Last minute tour registration may well be possible but not guaranteed. A late administration fee of \$50.00 NZD is applicable.

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**Not Included:** Tips to porters, maids, bellman, bus drivers, Tour Leaders, guides, escorts, Airport taxes, and anything else not described in the itinerary, airfare to/from Athens, Greece is not included and it is the responsibility of the traveller to make the reservation and obtain it.

**Cancellations:** All cancellations must be received in writing.

-Any cancellations received will be charged 50% of total fare. The cancellation fee is non refundable.

-No refund will be given once tour dates begin.

-Cancellations received in writing 31-60 days before departure will be charged 75% of total fare.

-No refund will be given for cancellations received 30 days or less before tour commences.

**Waiver:**

I/we agree to take full responsibility for all inconveniences and challenges that may happen while participating in this tour. I/we agree to release Anna Filliol, Karen McConnell, Heart Temples, Cheryl Straffon, Lana Jarvis, **KIVOTOS OF AEGEAN Tours & all other tour operators** from all responsibility and liability for any unforeseen circumstances and/or changes in the schedule due to acts of God, weather, earthquakes, terrorism, and any other unforeseen events including mental and/or physical illness occurring during tour dates. I/we understand that Anna Filliol, Karen McConnell, Heart Temples, Cheryl Straffon, Lana Jarvis, and **KIVOTOS OF AEGEAN Tours** may at their discretion, require a group member to leave the tour if their behaviour is harmful, disruptive or dangerous to the tour group.

I am/ we are in sound mental, emotional and physical health and I am/we are taking no mind altering drugs or medication which may affect my/our judgement and well being on the tour especially bearing in mind that I/we will be meditating and participating within the context of connecting with spiritual energies which may alter my/our consciousness.

I/we understand that I am/we are responsible for and agree to obtain **Travel Insurance** to cover personal injury, medical expenses, repatriation, and evacuation expenses for the duration of tour dates. It is strongly recommended the Insurance coverage be extended to include cancellation, curtailment, loss of belongings and expenses relating to loss, damage, injury, delay. I/we understand that no tour participant may travel without Travel Insurance and I/we agree to obtain Travel Insurance to cover the tour date period as stated in the itinerary. I/we understand and am/ are aware of and agree to the REGISTRATION, PAYMENT and CANCELLATION POLICIES.

By signing this form I/we agree that any photographs/films taken of me/us during this tour may be used at the discretion of Anna Filliol for any promotional material and on her websites.

By signing this form I/we understand, am/are aware of and agree with everything written on the Registration Form and in the 2011 Greece Tour Itinerary and that I/we hold current passport/s and take full responsibility for all visa, health and entry requirements associated with the countries I/we will be travelling in.

Signed \_\_\_\_\_ Dated \_\_\_\_\_

Signed \_\_\_\_\_ Dated \_\_\_\_\_

**Postal Address: PO Box 12643, Wellington 6144, New Zealand**  
**Ph: 64 4 4796 806 Fax: 64 4 4998 942 Email: [info@hearttemples.com](mailto:info@hearttemples.com)**  
**[www.HeartTemples.com](http://www.HeartTemples.com)**